



## New Advances in Workplace Health Promotion

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### Message from the Guest Editors

Workplace culture, defined by systems, structures, and policies, can influence healthy or unhealthy behaviors and choices affecting workers' health outcomes. Workers spend up to 60% of waking hours at work, which makes workplaces a perfect place to promote healthy behaviors. Health promotion in the workplace has the potential to impact workers' health behaviors and outcomes.

However, we have a limited understanding of the complex and nuanced relationship between workplace culture and health promotion. In particular, we have little understanding of effective contemporary health promotion interventions using digital technologies.

This Special Issue offers authors the opportunity to publish high-quality multidisciplinary empirical research and reviews that focus on the systems, structures, policies, and culture of healthy behavior change and health promotion in the workplace. Your original manuscript or rigorous systematic review will excite contemporary thought endeavors to better understand the complexity of healthy behavior change and health promotion in the context of workplace culture. Qualitative, quantitative, and mixed designs are welcome.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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