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Mental Health and Wellbeing in the Sport Workforce

Guest Editor:

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Deadline for manuscript submissions:
closed (20 December 2020)

Message from the Guest Editor

Numerous anecdotal and media reports have highlighted the prevalence of mental health and wellbeing issues within sport and exercise settings. While scientific research has focused on the athlete, other key individuals in the sport, exercise, and physical activity workforce have to date been overlooked. Many of these individuals are forced to deal with the often uncontrollable, unpredictable, complex, and nonlinear nature of sport, which can subject them to significant stressors. These stressors may contribute to high stress levels, burnout, and critical health situations, such as depression. Occupational health research has highlighted that excessive exposure to stress can led to emotional exhaustion and withdrawal from sport. Attrition is a major issue facing individuals in the sport workforce, as many work long hours with little reward or recognition.

This Special Issue seeks papers related to mental health and wellbeing of all those involved in the sport and exercise workforce, including coaches, officials, strength and conditioning professionals, service providers, administrators and organisations/associations (from community to elite levels).

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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