



## **Evidence-Based Relationship Factors in the Diagnosis and Treatment of Mood Disorders**

Guest Editors:

**Dr. Alberto Stefana**

**Dr. Anna Van Meter**

**Prof. Dr. Eric A. Youngstrom**

**Prof. Dr. Eduard Vieta**

Deadline for manuscript  
submissions:

**closed (4 July 2023)**

### **Message from the Guest Editors**

Dear Colleagues,

Mood disorders are the most common types of mental disorders and one of the leading causes of disability worldwide. Psychotherapies are effective in producing behavioral and lifestyle changes essential to relapse prevention, long-term maintenance, and promoting positive function in people with mood disorders, yet there is still much to improve in our understanding, management, and treatment of mood disorders from a psychological perspective. An efficient assessment process is essential because it leads to more accurate diagnosis, better treatment matching, increased patient engagement, and enhanced outcomes. However, to be fully effective the evidence-based assessment should be ‘humanized’ because both diagnostic and psychotherapeutic processes take place inside the patient–clinician relationship. The latter’s technical and relational parts are constantly and reciprocally interacting; and the relationship accounts for process and outcome variance in and of itself.

Full Paper Submission Deadline: 30 June 2022

Dr. Alberto Stefana

Dr. Anna Van Meter

Dr. Eric A. Youngstrom

*Guest Editors*





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RCMI Center for Urban Health  
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University, 1700 E. Cold Spring  
Lane, Baltimore, MD 21251, USA

## Message from the Editor-in-Chief

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*International Journal of  
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Health* Editorial Office  
MDPI, St. Alban-Anlage 66  
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