



## Psychosocial Factors and Health in Education: An Interdisciplinary Approach

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### Message from the Guest Editors

Resources and tools are available in different educational contexts to help improve the cognitive, social, and fiscal dimensions, as well as the well-being of students. Therefore, education will be an essential vehicle for the overall development of young people. Likewise, psychosocial factors are essential for the improvement and treatment of physical and mental health and academic performance. Therefore, from an early age it is necessary to work on healthy physical habits, learning strategies, and psychosocial factors. In this way, the emotional and psychological state of teachers will have a key role during the teaching and learning process. Through this Special Issue, the current status of healthy living habits, academic performance, and psychosocial and emotional well-being in the educational field will be established. This issue is open to descriptive and experimental studies, systematic review, and meta-analysis that provide new knowledge and/or develop a current and interdisciplinary perspective. Emerging methodological proposals in the educational context that pretend to consider physical and psychosocial health in the different educational stages are also admitted.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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