



The Role of Anthropometry in Sport Performance, Health and Nutrition

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Message from the Guest Editors

Kinanthropometry is defined as the study of human size, body shape, body proportion, body composition, maturation, and gross function, in order to understand growth, exercise, performance, and nutrition.

This Special Issue is dedicated to covering the areas related to sports and exercise sciences and therapy and health professionals. We are interested in research and review work carried out with people of different levels of physical condition from untrained to highly trained individuals. Different methodological and theoretical approaches are also supported.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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