



A Transdisciplinary Approach to Healthy Ageing

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Message from the Guest Editors

The increase in the ageing population has triggered collective attention and efforts to promote, enhance, and sustain healthy ageing around the world. The United Nations Decade of Healthy Ageing (2021–2030) has identified directions in which different stakeholder groups are expected to make efforts to improve the quality of life and health of the ageing population based on different perspectives via different approaches. This Special Issue calls for papers addressing healthy ageing. Anchoring upon a transdisciplinary approach, this Special Issue aims to publish research papers on empirical studies from different disciplines including, but not limited to, social sciences, health sciences, sport sciences, and environmental sciences are welcome. Topics related to multifactorial determinants of healthy ageing, the relationship between healthy ageing and the socio-cultural, built environment and smart society, healthy ageing and changes in the natural environment, or contributions of technologies and data analytics to healthy ageing are encouraged. Empirical research studies based upon both quantitative and qualitative and other novel research methodologies are also welcome.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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