



Assessment and Management of Lifestyle-Related Risk Factors for the Prevention and Management of Non-communicable Disease in Primary and Community Care

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Deadline for manuscript
submissions:

closed (8 July 2022)

Message from the Guest Editors

Non-communicable diseases (NCDs) have emerged as a leading cause of morbidity and mortality, accounting for over two-thirds of deaths globally. Most of these diseases, including ischemic heart disease, chronic obstructive lung disease, hypertension, stroke, obesity, and type 2 diabetes, are caused or substantially influenced by lifestyle behavior and choices. The lifestyle behaviors that contribute unequivocally to these NCDs are smoking, poor nutrition, physical inactivity, alcohol consumption, stress, and sleep. Primary care (PC) is the optimal setting to address these behaviors to prevent, reverse, and manage NCDs. Primary care links secondary and tertiary health care and community services, acting as the linchpin for inter-sectoral NCD prevention and management. This Special Issue hopes to attract studies providing cutting edge information through high-quality and multi-disciplinary research that enhances our evidence base related to the assessment and management of lifestyle-related factors in primary and community care settings.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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