



Promoting Nutrition and Physical Activity in Education and Care Settings

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Message from the Guest Editors

Lifestyle behaviors including nutrition and physical activity track from childhood into adulthood, increasing the risk of developing both long and short-term chronic morbidities. The World Health Organization has recommended that education and care settings, including schools and childcare centers, play a role in supporting the development of healthy eating and activity behaviors.

This Special Issue seeks to focus on policy-relevant and pragmatic studies undertaken in these settings that are related to improving diet, physical activity, and sedentary behaviors. In particular, we are looking for studies that have broader external validity, and have considered issues related to implementation, scaling up and cost. We are considering a range of research papers, including systematic reviews, trial and cost outcomes of interventions and/or high quality descriptive research.

We look forward to receiving your excellent submissions.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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