



## **Promoting Health and Well-Being in Individual, Families, and Communities**

Guest Editors:

**Prof. Dr. Mariola Bidzan**

**Dr. Dian Veronika Sakti  
Kaloeti**

**Dr. Paweł Jurek**

**Dr. Karolina Lutkiewicz**

Deadline for manuscript  
submissions:  
**closed (12 March 2023)**

### **Message from the Guest Editors**

The entire world community is facing challenges that are increasingly intensifying today, including the COVID-19 pandemic. This condition does not only threaten individuals' physical health, but also their mental health and wellbeing. Communities and families are required to be able to respond to this condition appropriately. It takes various strategic efforts to get through all of these conditions. Thus, we welcome paper submissions with a focus on new, developing, and emerging trends in the field across a range of strategies on improving the health and wellbeing of individuals, families, and communities in all aspects of life. Both qualitative and quantitative studies, including meta-analyses, systematic reviews, and brief reports, will be considered. Potential topics include but are not limited to: 1. promoting community wellbeing; 2. improving mental health and family's resilience during the pandemic; 3. promoting health and positive behavior in the social, educational, and organizational setting; 4. school mental health and wellbeing; 5. technology, human interaction, and mental health; and 6. measurement of mental health and wellbeing





an Open Access Journal by MDPI

## Editor-in-Chief

**Prof. Dr. Paul B. Tchounwou**

RCMI Center for Urban Health  
Disparities Research and  
Innovation, Richard Dixon  
Research Center, Morgan State  
University, 1700 E. Cold Spring  
Lane, Baltimore, MD 21251, USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

**Journal Rank:** CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

## Contact Us

---

*International Journal of  
Environmental Research and Public  
Health* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/ijerph](http://mdpi.com/journal/ijerph)  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)  
[X@IJERPH\\_MDPI](https://twitter.com/IJERPH_MDPI)