



## Psychological Distress and Healthy Ageing

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### Message from the Guest Editor

With the aging of the population, a rapid increase in elderly individuals with disability (functional decline) is becoming a large burden on social security systems worldwide. Prevention of disability among the elderly is a great concern. The risk factors for disability have been studied in terms of not only physical status but also psychological factors. Psychological distress is prevalent among older adults, and psychological distress would be more practical concept to consider overall mental health on public health strategies. Although psychological distress is known to be a risk factor for death, but there is relatively little evidence about the association between psychological distress and risk of disability in older adults.

This Special Issue will feature articles regarding epidemiological studies (prospective study or systematic review of prospective studies) about the impact of psychological distress on healthy ageing. As the outcome about healthy ageing, this Special Issue is interested in functional disability, dementia, frailty, basic activities of daily living (ADL), instrumental activities of daily living (IADL), physical function, or cognitive function.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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