



## Sex Education as Health Promotion

Guest Editors:

**Dr. Pablo A. Cantero Garlito**

Pablo.Cantero@uclm.es

**Dr. Sabina Barrios Fernández**

sabinabarrios@unex.es

**Dr. Rodrigo J. Carcedo  
González**

rcarcedo@usal.es

**Prof. Dr. José Carmelo Adsuar  
Sala**

jadssal@unex.es

Deadline for manuscript  
submissions:

**30 April 2022**

### Message from the Guest Editors

Dear Colleagues,

Comprehensive sex education (CSE) is essential in order to enhance people's ability to know, accept, and express their sexuality in a way that is satisfactory in the contexts in which they live. CSE plays a central role in developing a safe, productive, and fulfilling life and can help to achieve a high quality of life.

Traditionally, greater attention has been given to sex education for adolescents and young people, such as teaching them to avoid unhealthy behaviors (prevention of HIV, prevention of unwanted pregnancies). However, the social changes that have taken place in the last few decades have created the need for differentiated approaches to address aspects of sexuality throughout life from an intersectional (age, social context, disability, gender) and multidisciplinary perspective to improve the quality of comprehensive sexuality education interventions.

We invite authors to submit papers on these topics for publication in this Special Issue, especially those that combine a high academic level with a practical approach to provide intervention strategies for sex education to improve people's quality of life.





# International Journal of *Environmental Research and Public Health*



an Open Access Journal by MDPI

## Editor-in-Chief

### **Prof. Dr. Paul B. Tchounwou**

Department of Biology, College of Science, Engineering and Technology, Jackson State University, 1400 Lynch Street, Box 18750, Jackson, MS 39217, USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

## Author Benefits

**Open Access:**— free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and many other databases.

**Journal Rank:** JCR - Q1 (*Public, Environmental & Occupational Health*) / CiteScore - Q2 (*Public Health, Environmental and Occupational Health*)

## Contact Us

---

*International Journal of  
Environmental Research and Public  
Health*

MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
Fax: +41 61 302 89 18  
www.mdpi.com

mdpi.com/journal/ijerph  
ijerph@mdpi.com  
@IJERPH\_MDPI