



## Sleep Apnea Syndrome

Guest Editor:

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### Message from the Guest Editor

Dear colleagues,

Obstructive sleep apnea (OSA) is a prevalent sleep disorder characterized by upper airway obstruction during sleep. OSA is associated with adverse clinical outcomes, including cardiovascular disease, hypertension, cognitive impairment, metabolic abnormalities, and mortality. OSA is also a cause of huge economic burden to society manifested through lost productivity, motor vehicle accidents, and workplace accidents. However, evidence of the prevalence of OSA, especially severe OSA, is limited, and there is insufficient information concerning the screening for or treatment of OSA in asymptomatic adults or in adults with unrecognized symptoms.

The present Special Issue is aimed not only at reporting the outcomes and prevalence of OSA, but also at new approaches, methodologies, and perspectives regarding the screening and diagnosis of OSA.

Dr. Hiroshi Kadotani

*Guest Editor*





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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