

International Journal of *Environmental Research and Public Health*



an Open Access Journal by MDPI

Advances in Sleep Behaviors Associated with Health Outcomes

Guest Editors:

Dr. Andrea Spaeth

Division of Life Science, Department of Kinesiology and Health, Rutgers University, New Brunswick, NJ 001201, USA

Dr. Jennifer Goldschmied

Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA 19146, USA

Dr. Chandra L. Jackson

National Institutes of Health, Research Triangle Park, NC 27709, USA

Deadline for manuscript submissions: closed (30 September 2021)

Message from the Guest Editors

Dear Colleagues,

We are pleased to announce the Special Issue entitled "Advances in Sleep Behaviors Associated with Health Outcomes". This is a collection of important high-quality papers (original research articles or comprehensive review papers) published in Open Access form by Editorial Board Members, or prominent scholars invited by the Editorial Office and the Section Editor-in-Chief. This Special Issue aims to discuss new knowledge or new cutting-edge developments in the sleep health research field. Specifically, this issue highlights research examining the importance of sleep for optimal mental and physical health and disease prevention. We would also like to highlight racial and socioeconomic disparities in sleep health and how this contributes to disparities in other health outcomes.

You are welcome to send a tentative title and a short abstract to our Editorial Office (ijerph@mdpi.com) for evaluation before submission. Please note that selected full papers will still be subjected to a thorough and rigorous peer-review.

We are looking forward to receiving your excellent work.







International Journal of *Environmental Research and Public Health*



an Open Access Journal by MDPI

Editor-in-Chief

Message from the Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation, Richard Dixon Research Center, Morgan State University, 1700 E. Cold Spring Lane, Baltimore, MD 21251, USA Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

International Journal of Environmental Research and Public Health Editorial Office MDPI, St. Alban-Anlage 66 4052 Basel, Switzerland Tel: +41 61 683 77 34 www.mdpi.com mdpi.com/journal/ijerph ijerph@mdpi.com X@IJERPH_MDPI