



Effect of Sport Activity on Health Promotion

Guest Editor:

Prof. Dr. Masao Kanamori

College of Sport and Health
Sciences, Ritsumeikan
University, Kusatsu 525-8577,
Japan

Deadline for manuscript
submissions:

closed (31 December 2018)

Message from the Guest Editor

Dear Colleagues,

People try to escape the crowds of cities, seeking to improve their moods by going out to the countryside and highlands/mountains. We are seeking research papers on health effects, such as physiological changes due to leisure–sports/physical activity. We are seeking, not only research on the effects of diseases but also recent research findings, such as the elimination of anxiety, mood changes, and improving quality of life.

Prof. Masao Kanamori

Guest Editor





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[X@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)