



Stress, Coping, and Resilience in Adolescents

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Message from the Guest Editors

Dear Colleagues,

We are organizing a Special Issue on stress, coping, and resilience in adolescents in the *International Journal of Environmental Research and Public Health*. The venue is a peer-reviewed scientific journal that publishes articles and communications in the interdisciplinary area of environmental health sciences and public health. For detailed information on the journal, we refer you to <http://www.mdpi.com/journal/ijerph>.

It is important to understand the factors (e.g., physical activity, diet, social media use, and environment) that contribute to adolescents' mental and physical health and the mediators and moderators of these relationships. Improved theoretical modelling should improve any programs (e.g., educational) that are run for the benefit of adolescents. Thus, research into these and related areas should focus on methods of improving the public health of adolescents.

This Special Issue is open to any subject area related to adolescent stress, coping, or resilience. The listed keywords suggest a few of the many possibilities.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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