



Defining, Assessing, and Treating Stress-related Disorders across Cultures

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Message from the Guest Editors

In 2019, the International Classification of Diseases (ICD-11) introduced a new categorization of mental disorders, namely, stress-related disorders, or disorders that arise due to single or multiple stressful life events. Post-traumatic stress disorder (PTSD) and adjustment disorder (AjD) are included in this category along with newcomers complex PTSD and prolonged grief disorder (PGD). In addition to clear guidelines for core symptoms and accessory symptoms, the WHO working groups specified a cultural caveat, that symptoms of disorder must deviate from cultural norms. Presently, the cultural norms for stress-related disorders across different cultures have not been systematically investigated (barring PTSD). This Special Issue seeks to amalgamate recent, innovative research exploring the definition, assessment, and treatment of stress-related disorders across cultures.





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Message from the Editor-in-Chief

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