



Natural Medicines, Functional Foods and Nutrients for Healthcare

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Message from the Guest Editors

Dear Colleagues,

Healthcare is recognized as a scientific field and action related to maintaining or restoring physical and mental health. Today, we human beings are exposed to various stresses, and our health is threatened by diverse diseases such as cancer, metabolic disorders, age-related diseases, infectious diseases, and psychiatric disorders. There is the oriental philosophy that “medicine and food have a common origin”. We think this philosophy/concept is important for achieving healthcare. This Special Issue “Natural Medicines, Functional Foods and Nutrients for Healthcare” welcomes submissions of original articles, reviews, communications, and perspectives on natural medicines, functional foods, and nutrients for healthcare.

This Special Issue aims to bring together the results of fundamental and applied research into healthcare and biologically active natural medicines, functional food ingredients, and nutrients.



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Message from the Editor-in-Chief

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