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# Pulses

Guest Editor:

**Prof. Dr. Marcello Iriti**
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Deadline for manuscript submissions:
**closed (31 December 2016)**

## Message from the Guest Editor

Pulses belong to the subfamily Faboideae, included in the Fabaceae family, and represented an essential part of the human diet for centuries (the cutivation of some legumes dates back to 7000–8000 BC). Pulses also play an important role for sustainability: they are a main component of crop rotations, they require less fertilisers than other crops and they are a low carbon source of protein. Indeed, because of their nitrogen-fixing propertied, legumes are part of the rotational crops farmers can use to maintain soil fertility. In nutrition, pulses are part of a healthy, balanced diet and have been shown to have an important role in preventing chronic-degenerative diseases such as certain types of cancer, diabetes and heart disease. Therefore, they can be fully considered a 'superfood', source of protein, dietary fibre, minerals, vitamins, and bioactive phytochemicals.

With warmest regards,
Prof. Dr. Marcello Iriti
Guest Editor

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## Message from the Editor-in-Chief

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