



## Orthopedic Treatment of Diseases and Fractures in Elderly

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submissions:

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### Message from the Guest Editor

Dear Colleagues,

Elderly frailty is a state of increased vulnerability to poor resolution of homeostasis following stress, and it increases the risk of adverse outcomes including falls, delirium, and disability. Osteoporosis is a common condition in the elderly, representing a depletion of bone mass that destroys the bone structure and causes increased susceptibility to fragility fractures. For affected patients, these fragility fractures are associated with substantial pain and suffering, disability, and even death, along with substantial costs to society. The most involved regions of these fractures are the proximal femur, distal radius, vertebral bodies, and proximal humerus. For example, femoral neck fractures represent the most common frailty fracture, resulting in significant morbidity and mortality. For these reasons, they require multidisciplinary management and early treatment. However, elderly frailty can worsen pattern fractures in every bone, complicating the surgical approach.

This Special Issue aims to include original articles, narrative or systematic reviews, and meta-analysis on diagnosis and treatment of fractures and orthopedic diseases in the elderly.





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