



Update on Parasomnias and Disruptive Sleep-Related Disorders

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Message from the Guest Editors

Parasomnias are sleep disorders that involve abnormal behavior, movements, emotions, perceptions, and dreams, which occur during specific sleep stages or sleep–wake transitions. The International Classification of Sleep Disorders (ICSD-III, 3rd ed) categorized parasomnias into three clusters: non-rapid eye movement (NREM) related, rapid-eye movement (REM) related, and others. RBD is widely studied, while studies on NREM parasomnias are still limited. Recent research introducing the concept of local sleep regulation has opened new perspectives in interpreting the substrates of DOAs. Furthermore, the study of NREM and REM parasomnia events may offer unique and valuable insights into mental activity and cognition during sleep.

The submission of original research articles advancing our understanding of REM or NREM parasomnias and other parasomnia-like events is encouraged for this Special Issue. Additionally, reviews proposing new perspectives on the available literature on disruptive sleep disorders and related brain mechanisms, treatments, and implications for mental health are welcome.





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