



Dietary Sodium, Potassium Intake and Blood Pressure

Guest Editor:

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submissions:

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Message from the Guest Editor

Dear Colleagues,

Reducing the population's sodium intake and reducing blood pressure are two urgent strategies to lower the prevalence of noncommunicable diseases worldwide. Recent research on the use of reduced sodium salt substitutes shows that this is a promising intervention, although questions remain about its effectiveness and safety in some population groups. As the World Health Organization launches its global report on sodium reduction, we launch this Special Issue, which aims to provide further evidence to inform this important topic area. In particular, we encourage the submission of papers that inform the development and implementation of population strategies to reduce blood pressure by decreasing sodium and/or increasing potassium intakes.

This Special Issue aims to provide insight into:

- Population-level interventions to reduce blood pressure by altering the intake of sodium and/or potassium.
- The use of reduced sodium salt substitutes.
- Methodological issues that inform interpretation of the evidence.
- Epidemiological evidence regarding intakes of sodium and/or potassium and health outcomes, including blood pressure.





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