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## Antioxidant Intake in Older Adults and Elderly People

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Deadline for manuscript submissions:  
**closed (15 January 2019)**

### Message from the Guest Editors

Dear Colleagues,

Demographic changes in Europe have associated benefits and challenges, as older generation have specific needs to sustain their own, independent lifestyles. However, the older organism loses its ability to produce certain substances by itself, like endogenous antioxidants. Then, within the context of healthy ageing, nutrition plays a crucial role, since it must give enough antioxidant to counterbalance the endogenous production of oxidant species. A comprehensive knowledge of the impact of redox active nutritional and physiological components on the ageing and aged human body is therefore urgently required by means of a multidisciplinary approach. On this topic, you are invited to submit proposals for manuscripts that fit the objectives and the topics of this Special issue.

Prof. Dr. Josep A. Tur  
Dr. Antoni Sureda  
*Guest Editors*



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# Special Issue



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