



nutrients



an Open Access Journal by MDPI

Coffee and Caffeine Consumption for Human Health

Guest Editor:

Dr. Juan Del Coso

Centre for Sport Studies, Rey
Juan Carlos University, 28943
Fuenlabrada, Spain

Deadline for manuscript
submissions:

closed (31 August 2019)

Message from the Guest Editor

Dear colleagues,

Caffeine is naturally present in the leaves and seeds of different plants, and it has been traditionally used to improve mental alertness and wakefulness by using brews of these plants. Alongside the appearance of new forms of caffeine intake in our modern society, positive applications of both acute and long-term ingestion of caffeine have increased, while the effects of caffeine on cardiovascular, respiratory, thermoregulatory, and metabolic systems are well-understood at present.

You are invited to submit a manuscript to this special issue in *Nutrients*, one of the most read and cited research journals in “Nutrition and Dietetics”. The goal of this Special Issue is to provide new evidence of the effects of caffeine intake (especially, but not limited to, coffee consumption) on different aspects of human health. We welcome manuscripts related to original research articles, systematic reviews, meta-analyses, and opinions related to the effects of caffeine on health outcomes.

Dr. Juan Del Coso Garrigós

Guest Editor



mdpi.com/si/22341

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://x.com/Nutrients_MDPI)