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Food, Nutrition, and Dietary Patterns during the COVID-19 Pandemic

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Deadline for manuscript submissions:

closed (20 October 2021)

Message from the Guest Editor

The different states of emergency and lockdown due to the COVID-19 pandemic have led to important changes in the lifestyles of populations, and consequently, eating habits may have been influenced. However, the control measures have differed between regions, in form and time, and so, therefore, have their consequences.

Monitoring all the changes in food consumption trends and their impact on diet quality (by region, period, demographic and socioeconomic characteristics, etc.), is important in the field of nutritional epidemiology. Let us remember that changes that occur in eating habits and that are maintained over time can lead to changes in health or even permanently establish new habits in populations, with the consequences associated with them.

This Special Issue of *Nutrients* titled “**Food, Nutrition, and Dietary Patterns during the COVID-19 Pandemic**” welcomes the submission of manuscripts providing either original research or reviews of the current changes in the diets of populations due to the pandemic, with which the need to establish preventive health measures can be assessed.



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Special Issue



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Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Message from the Editorial Board

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