



nutrients



an Open Access Journal by MDPI

Food Supplements and Functional Foods Assessment for Health and Nutrition

Collection Editors:

Dr. Laura Domínguez Díaz

Nutrition and Food Science
Department, Pharmacy Faculty,
Complutense University of
Madrid (UCM), Madrid, Spain.

Prof. Dr. Montaña Cámara

Department of Nutrition and
Food Science, Complutense
University of Madrid, Spain.

**Prof. Dr. Virginia Fernández-
Ruiz**

Department Nutrition and Food
Science, Complutense University
of Madrid, Madrid, Spain

Message from the Collection Editors

Dear Colleagues,

The objective of this Special Issue is to publish different types of papers (original research works, up-to-date reviews, etc.) which fit into the wide area of assessment of food supplements and functional foods and its implications in nutrition and health—that is, the characterization of the nutritional composition and phytochemicals of these functional products and its legal issues in terms of labeling, nutrition, and health-related claims and food safety; the evaluation of the functional effects and potential health benefits of particular ingredients (nutrients and bioactive compounds) used in food fortification and the development of new functional products; the study of consumers' perception, behavior, and attitudes towards functional products; the description of food policies (regulatory frameworks, laws, rules, official guidelines); and dietary interventions from the perspective of the prevention of nutrition-related diseases.

Dr. Laura Domínguez Díaz

Prof. Dr. Montaña Cámara

Prof. Dr. Virginia Fernández-Ruiz

Guest Editors



mdpi.com/si/65668

Topical Collection



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://twitter.com/Nutrients_MDPI)