



Nutrition and Vulnerable Groups

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Message from the Guest Editors

Dear Colleagues,

Food insecurity is a complex ‘wicked’ problem that results from a range of unstable and uncertain physical, social, cultural and economic factors, 800 million people are under-nourished, and around 2 billion are overweight/obese or have micronutrient deficiency. These populations are largely positioned in developing countries where disease burden is high and impacts health budgets and productivity. Similarly developed countries, cities and neighbourhoods. This is in part explained by the change in the food production and manufacturing, the retraction in economic climates, the increase in food price, and in some regions reduced food availability and access.

Vulnerable groups include migrant populations, Indigenous people, elderly, pregnant women, those with disability, homeless, young children and youth. This issue draws together quantitative and qualitative publications that have attempted to address the challenges of nutrition for vulnerable groups and have considered the complexity of the problem, the need for locally-driven solutions and scalable solutions and policy implications.

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