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Exercise-Nutrition Interactions Promoting Skeletal Muscle Adaptation

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Message from the Guest Editor

Dear Colleagues ,

The aim of this Special Issue is to collect original articles and reviews that discuss the interactive effects of exercise with nutrient intake variables such as timing, daily distribution, type and food ‘matrix’ that promote skeletal muscle adaptation responses.

Deadline for manuscript
submissions:

20 April 2022



mdpi.com/si/91906

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Message from the Editorial Board

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