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Zinc Supplementation and Fortification: The Unfinished Agenda

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Message from the Guest Editors

Dear Colleagues,

An estimated 17% of the global population is at risk of inadequate zinc intake, making zinc deficiency one of the most prevalent micronutrient deficiencies worldwide. Young children and pregnant women in resource-limited settings are particularly vulnerable to zinc deficiency. An estimated 116,000 child deaths are attributable to zinc deficiency each year.

While zinc supplementation can be an effective strategy for improving the zinc status of nutritionally vulnerable populations, there are several outstanding questions regarding the optimal dose and form of zinc supplementation along with challenges related to delivery and sustainability.

This special issue of Nutrients will highlight the results of recent research that has aimed to fill gaps in the current evidence base around zinc supplementation and fortification as strategies to reduce the global burden of zinc deficiency. It will encompass findings from the laboratory to the policy arena, and will highlight priority actions that are needed to address the unfinished agenda.













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Message from the Editorial Board

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