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The Impact of Nutrition Monitoring and Intervention on Quality of Life in of Chronic Kidney Disease Patients at Different Stage

Guest Editor:

Prof. Dr. Guillermina Barril

Nephrology Department,
Hospital Universitario La
Princesa, 28006 Madrid, Spain

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Message from the Guest Editor

Advanced CKD prior to RRT is a key stage in monitoring the nutritional status of kidney patients for early diagnosis and nutritional intervention toward preventing PEW and cachexia. It must be taken into account that the nutritional status at the start of renal replacement therapy determines the prognosis, together with other factors, in the first two years of dialysis. Although age is an independent factor for frailty and sarcopenia, both can appear in CKD patients of any age, so assessing strength, muscle mass, and functionality are very important because even if CKD progresses, the patient can have a normal life if they can maintain mass, strength, and functionality, which results in improved quality of life and prevents dependency. For all this, it is in the advanced CKD stage prior to RRT when we must carefully manage the nutritional status and body composition, since anything that is left unoptimized will lead to dialysis and reversibility, creating a more difficult situation for the patient.

We have established this Special Issue to highlight the risk factors to focus on in maintaining an adequate quality of life for CKD patients, even in cases of disease progression.



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Special Issue



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(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
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3. Preventive Medicine Service,
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Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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