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Nutrition, Lipids and Cardiovascular Diseases

Guest Editor:

Prof. Dr. Michael Skilton

Faculty of Medicine and Health, The University of Sydney, Sydney, Australia

Deadline for manuscript submissions:

closed (20 January 2023)

Message from the Guest Editor

Dear Colleagues,

Circulating lipids, such as LDL-cholesterol, are a key modifiable risk factor for cardiovascular diseases. Dietary intervention has strong historic links with lipid lowering, and remains the frontline strategy, but the efficacy and success of modern cholesterol-lowering medications have largely over-shadowed the role of diet and nutrition.

This Special Issue of *Nutrients* will bring together broad aspects relating to Nutrition, Lipids and Cardiovascular Diseases.

Of particular interest will be articles that provide mechanistic evidence linking diet and nutrition with clinical cardiovascular outcomes and cardiovascular risk factors, articles that have applied a life course approach, and articles that explore the role of the modern diet environment (including food processing, dietary patterns and novel foods) with lipids and cardiovascular diseases.











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Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain 2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain 3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI),

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Prof. Dr. Maria Luz Fernandez

Canarian Health Service, 35016

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269,

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