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Nutrition and Endocrine Disorders

Guest Editors:

**Prof. Dr. Evangelia
Charmandari**

Prof. Dr. George Mastorakos

Dr. Odysseas Androutsos

Deadline for manuscript
submissions:
closed (15 December 2022)

Message from the Guest Editors

Dear Colleagues,

The endocrine system, by virtue of the hormonal control exerted on metabolic processes, regulates the requirements for various nutrients. Despite the consumption of an adequate diet, nutritional disturbances might occur in patients with endocrine diseases. Nutritional alterations affect every aspect of the functioning of the endocrine system, leading to serious disorders. The past century was marked by the classic deficiency disorders, such as iodine-deficiency-related goiter and hypothyroidism, and rickets. On the other hand, unhealthy food options led to the epidemic of different nutritional endocrine disorders, such as obesity, metabolic syndrome, and diabetes mellitus type 2. Finally, the endocrine disruptors have a variety of implications ranging from obesity to pubertal disorders.

This Special Issue aims to host original articles, systematic reviews, or meta-analyses that will advance current knowledge and understanding regarding the role of nutrition on the development of endocrine disorders from childhood to adulthood.

Prof. Dr. Evangelia Charmandari
Prof. Dr. George Mastorakos
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Guest Editors



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Special Issue



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