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Nutrition in Public Health: Principles, Policies, and Practice

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Message from the Guest Editor

This Special Issue will examine the role of nutrition in public health. Nutrition plays a critical role in public health efforts to prevent ill health and promote well-being. Public health approaches are broad: they can encompass initiatives on the national (including policy development), community, and individual levels and can be targeted across the life-course. These approaches aim to support healthier nutrition-related choices made by individuals, families, and populations. However, multiple and complex factors influence these behaviours, and it is vital that public health initiatives take into account the broad social determinants of health and that they strive to address health inequalities.

The aim of this Special Issue is to publish selected papers addressing important nutritional issues. These could be studies examining drivers of nutrition-related behaviour, reports of interventions/initiatives aiming to improve nutritional behaviours, or studies aiming to develop or describe measures or models for understanding nutritional behaviours.



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Special Issue



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