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Physical Activity and Dietary Patterns in Children and Youth for Health Outcomes Including Obesity Prevention, Cardiometabolic Risk and Cognitive Health

Guest Editor:

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Millen Institute School of Public Health, The George Washington University, Washington, DC, USA

Deadline for manuscript submissions:

closed (5 January 2022)

Message from the Guest Editor

Dear Colleagues,

The journal *Nutrients* has released a call for a Special Issue on “Physical Activity, Dietary Patterns, and Associated Health Outcomes among Children and Youth”. As you are an expert in a related field, I am hopeful that you and/or some of your colleagues may be interested in submitting an article to be included in this issue. We are interested in receiving both physical activity and nutrition/dietary studies that have a special emphasis on related health outcomes, including obesity prevention, mental wellbeing and cognitive health, and cardiometabolic health. Additionally, we hope to include several articles that focus on youth health disparities in these areas. The deadline for the Special Issue is 5 January 2022. Please feel free to forward this call for papers to colleagues who may also be interested in submitting to this Special Issue.



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Special Issue



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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