



nutrients



an Open Access Journal by MDPI

Public Health Nutrition and Healthy Aging

Guest Editor:

Dr. Sara C. Folta

Friedman School of Nutrition
Science and Policy, Tufts
University, 150 Harrison Ave,
Boston, MA 02111, USA

Deadline for manuscript
submissions:

closed (1 April 2023)

Message from the Guest Editor

Dear Colleagues,

According to the United Nations, by 2050 one in six people worldwide will be aged 65 years or older. Diet and physical activity can have a substantial impact on maintaining health, independence, and quality of life as people age. Programming delivered in communities through health centers, senior centers, or social service agencies can help older adults to develop and maintain healthy eating habits and engage in physical activity.

This Special Issue of *Nutrients* will feature works that describe innovative programming for older adults that can be implemented in various community settings. We seek studies that examine unique ways to improve public health and promote healthy aging. Topics of particular interest include novel intervention approaches, reducing health inequities, and implementation and dissemination.

Sara C. Folta

Guest Editor



mdpi.com/si/66152

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://twitter.com/Nutrients_MDPI)