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Nutrition and Women Bone Health

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Deadline for manuscript submissions:
closed (18 November 2021)

Message from the Guest Editor

Dear Colleagues,

The aim of this Special Issue "Nutrition and Women Bone Health" is to focus on the relevance of nutrition as a key element that has the potential to reduce bone loss or fracture risk.

Specifically, the objective is to bring to the body knowledge about the role that intake of certain nutrients such as calcium, vitamin D, proteins, vitamins, minerals or polyunsaturated fatty acid may have on the bone health of women at different stages of life. The impact that these and other nutrients may have on the progression of different diseases and their relationship to women's bone health will also be of interest.

Studies that deepen the understanding of the relationship between genetics and nutrient intake are especially welcome in the context of women's bone health.

In this Special Issue, we aim to address these fascinating areas, which are the major ongoing challenges in women's bone health research and practice.

Prof. Dr. Jose M. Moran
Guest Editor

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Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

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