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Antioxidant Properties of Medicinal Plants

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Message from the Guest Editors

This Special Issue on "Antioxidant Properties of Medicinal Plants" aims to present advances in the studies of antioxidant properties of medicinal plants with a special emphasis on the actual benefits those properties may have on a human body, as well as on the safety of consuming food supplements enriched with antioxidants. Topics include but are not limited to:

- Antioxidant properties of medicinal plants;
- The influence of antioxidants present in medicinal plants on the human body;
- Prevention of diseases associated with oxidative stress using medicinal plants;
- Safety of consuming food supplements enriched with natural antioxidants.











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Message from the Editor-in-Chief

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