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Digital Technologies: Applications, Window of Opportunity and Challenges in Exercise, Health and Sports

Guest Editors:

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Message from the Guest Editors

Dear Colleagues,

Digital technology is opening unique opportunities for exercise, health, and sports development. Experience in these areas is growing fast due to advances in digital technologies. From the use of software and wearable devices to advanced data analysis approaches, there is a great range of possibilities and improvements when using digital technologies. This Special Edition will underline new and emerging methodologies to bring innovative solutions for exercise, health and sports, including digital technologies, software development/validation, mobile applications, wearable devices, the Internet of Things, artificial intelligence, complex systems, and network analysis. Original research, case reports, and review articles from this field will be considered.

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Guest Editors



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Special Issue



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Message from the Editor-in-Chief

Sports (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

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