



## Sustainability and Mental Health of Employees

Guest Editor:

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Deadline for manuscript submissions:

**closed (28 February 2023)**

### Message from the Guest Editor

Dear Colleagues,

Technological progress, competitive environments, and increasing demands at work have become real challenges for employees; quite often, they must take on more responsibilities, maintain a high work tempo, and face constant changes. All these factors have a negative impact on mental health, resulting in a reduction in the potential of human capital. Employees suffer from various mental health disorders, the most common of which are stress and burnout. Worldwide, people are trying to find effective remedies to help alleviate mental health imbalances due to the negative effects of emotional tensions at work.

This Special Issue aims at gaining theoretical knowledge and empirical evidence on sustainable Human Resource Management practices for strengthening the mental health of employees.

For further reading, please visit the [Special Issue website](#).

Prof. Dr. Asta Savanevičienė  
*Guest Editor*





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